

May, 2026

Sacred Heart Catholic School & Iowa Great Lakes Lutheran School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

This institution is an equal opportunity provider.



All breakfasts served with ½ c. fruit and ½ c. fruit juice.



1 French Toast

Taco meat nachos, lettuce & cheese, fajita peppers, strawberry applesauce

4 Cheese Quesadilla

Corn dog, carrots & ranch, lettuce salad, diced peaches

5 Cereal

Spaghetti, breadstick, green beans, orange smiles

6 Breakfast pizza

Turkey & cheese on WG bun, tri tater, baked beans, blueberries

7 Apple frudel

Chicken drummies, mashed potatoes, corn, grapes

8 Breakfast bites

Beef dippers, curly fries, broccoli & ranch, mandarin oranges

11 Cereal

Chicken patty, WG bun, French fries, corn, strawberries, ice cream

12 WG Long John

Pepperoni pizza, celery with sun butter, dragon juice, cinnamon apples

13 Pancakes

Cheeseburger, WG bun, romaine salad, sun chips, watermelon

14 Scrambled eggs/ham

Crispito, lettuce & cheese, salsa, refried beans, pineapple

15 Pancake stick

Cheese bread, marinara, carrot sticks, sidekick

18 French Toast Tornado

Pulled pork on WG bun, doritos, baked beans, blueberries

19 Cereal

Egg omelet, pancakes & syrup, hash round, orange smiles

20 Biscuits & gravy

Mandarin chicken, brown rice, peas, apple slices, wacky cake

21 Egg Omelet, toast

Pork tenderloin, WG bun, red peppers, green beans, diced peaches

22 WG Long John

Cheese pizza, dragon juice, shortbread cookies, jonny pop

25 MEMORIAL DAY—NO SCHOOL

26 WG Donut

Chicken breast on WG bun, sweet potato fries, tropical fruit

27 Cereal

Sunbutter sandwich, baked Cheetos, cinnamon applesauce



Friday is my second favorite



F word

my first is FOOD definitely FOOD.



All breakfasts & lunches served with 8 oz. 1% white milk or 8 oz. low-fat chocolate milk.

The menu for the week of May 11-15 was selected by: Penelope, Beau, Benson & Weston Peterson. They purchased this opportunity at the Fall Gala!



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