## September, 2025 Breakfast & Lunch Spencer Sacred Heart & IGLLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	All breakfasts and lunches served with choice of 8 oz. 1% white milk or low fat chocolate milk		All breakfasts are served with 1/2 cup juice and 1/2 cup fruit	This institution is an equal opportunity provider.
1 Labor Day NO SCHOOL	2 Breakfast Pizza Egg Omelet, Pancake Stick, Tri tater, pineapple	3 French Toast  Chicken Patty, WG bun, carrot sticks, sun chips, strawberries	4 Pancakes  Beef nachos, tortilla chips, lettuce, cheese, refried beans, banana	5 Cereal Goulash, broccoli & ranch, Garlic knot, mixed fruit
8 Breakfast Empanada Cheeseburger, WG bun, corn, Romaine salad, peaches	9 Egg & Cheese Biscuit  Turkey & Cheese, WG bun, green beans, apple slices	10 Waffles  Hot dog, WG bun, baked beans, potato wedges, mandarin oranges	11 Pancake Sausage stick Cheese pizza, red pepper strips & ranch, Tropical fruit	12 Enjoy the Clay County Fair NO SCHOOL
15 INSERVICE NO SCHOOL	16 Egg Omelet  Chicken strips, broccoli & ranch, baked beans, pears	17 Cereal  Pork tenderloin, WG bun, romaine & carrots, applesauce	18 Egg & Ham Bake  Beef dippers, mashed potatoes, corn, grapes	19 Breakfast pizza Cheesy pullapart, marinara, broccoli & ranch, sidekick
22 French Toast  Spaghetti, breadstick, Romaine Salad, apple slices	23 Pancakes  Mr. Rib, WG bun, sweet potato fries, pickle spear, mandarin oranges	24 Cereal  Corn dog, sun chips, cheesy broccoli, strawberries	25 Breakfast empanada Ham Patty, WG bun, tater tots, peas, orange smiles	26 Egg & Cheese Biscuit Crispito, lettuce, cheese, refried beans, pineapple
29 Waffles  Meatloaf, cucumber slices & ranch, curly fries, applesauce	30 Pancake & sausage stick  Tater Tot casserole, baked beans, breadstick, peaches		There's no problem a good breakfast can't solve!	

