

May 2025 Breakfast/Lunch

Spencer Sacred Heart Catholic School and Iowa Great Lakes Lutheran School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

This institution is an equal opportunity employer.

All breakfasts and lunches are served with choice of 8 oz. 1% white milk or low fat chocolate milk.

All breakfasts are served with ½ c. 100% juice and ½ c. fruit.

1 **Breakfast pizza**
Pancake & sausage stick, hash round, egg omelet, pineapple

2 **Long John/Yogurt**
Chicken Patty, WG bun, sun chips, carrot sticks, strawberries

5 **Egg omelet**
Softshell taco, lettuce, cheese, Salsa beans, diced peaches

6 **French Toast**
Goulash, broccoli & ranch, garlic bread, mixed fruit

7 **Pancake/sausage stick**
Cheeseburger, WG bun, corn, romaine, banana

8 **Waffles**
Turkey & cheese sub, green beans, sun chips, apple slices

9 **Egg & ham bake**
Stuffed crust pizza, carrots & ranch, garden salad, pears

12 **Cereal & Toast**
Hot dog, WG bun, curly fries, corn, mandarin oranges

13 **Breakfast pizza**
Chicken fajita, WG tortilla, red pepper strips, baked beans, tropical fruit

14 **Bacon, egg, cheese tornado**
Pork tenderloin, WG bun, romaine, carrots, applesauce

15 **Egg & cheese biscuit**
Beef dippers, mashed potatoes, corn, peaches

16 **Pancakes**
Cheesy pull-apart, pizza sauce, broccoli & ranch, sidekick

19 **Egg Omelet**
Spaghetti, garlic breadstick, green beans, mixed fruit

20 **Long John/kiwi**
Mandarin chicken, rice, peas & carrots, pineapple

21 **French toast**
Mr. Rib, WG bun, dill pickle spear, tri tater, mandarin oranges

22 **Pancake & sausage stick**
Crispito, lettuce, cheese, broccoli & ranch, grapes

23 **Bacon, egg, cheese tornado**
Chicken strips, tater tots, baked beans, apples

26 **MEMORIAL DAY**
NO SCHOOL
ECC CLOSED

27 **Nutri grain bar**
Corn dog, Sun chips, baked beans, berry slush cup

28 **COOKS CHOICE**
FOOD FESTIVAL PICNIC (A variety of main dish offerings with fruit)



Questions: Contact foodservice director Kay Rose at 712-262-6428.



Menu is subject to change without notice subject to quality and availability.

Breakfast: where sunshine is served on a plate.